

**Name:** Lindsey Bowden R.N, BSN

**Title:** System Clinical Staff Educator, Marshfield Clinic Health System

**Professional Life:** While relatively new to the role of staff educator, teaching and helping people has always been a passion. I began my education career back in high school, teaching Tae Kwon Do classes, and haven't stopped since! After getting my nursing degree, it wasn't long before I became a preceptor. That is where I found my niche. I LOVED watching nurses grown in confidence. I precepted almost continually. I began taking on new roles – lead nurse, nurse supervisor, and ICU supervisor. Through it all, education was a cornerstone of my nursing philosophy. I was always finding ways to help staff learn and grow. Moving to a staff educator position was a no brainer, and I've loved every minute of it.

**Professional interests and accomplishments:** My passion truly lies in the cross between critical care and education. During my first 6 months as an educator, I led a group of subject matter experts to develop a Critical Care Education Program Series. This program is composed of 5 classes and targets staff in the IMC, ICU, and ED with a focus on hands on simulation and case study review to enhance learning. So far this program has been started at 3 centers and has been met with great reviews. I truly believe these hands on skills allow critical care staff to be more prepared and calm in emergent situations. I look forward to writing other classes – both in person and virtual – that our staff can use to further their critical care education.

**When I'm not teaching,** you can often find me working the floor. I haven't quite been able to give up patient care. I believe practicing what I teach makes me a better educator and interacting with the healthcare team keeps me in touch with where the needs may be. When I'm not at work in some capacity, you can find me wrangling my 2 boys (Marcus 3.5yo and Mason 1.5yo) as well as a husband and 2 dogs. We love camping, biking and spending time outside. (The boys love digging holes and playing in the dirt a lot more than mommy likes keeping them clean though!)